

Psychiatry Services for the Tri-County Area

Medicaid and Commercial Insurance



Community

MENTAL HEALTH

CLINTON • EATON • INGHAM

Together we can.

Customer Service Department

812 East Jolly Road, Suite 108

Lansing, Michigan 48910

Phone: 517-346-8244

Toll-free: 877-333-8933

Fax: 517-346-8139

Email: customerservice@ceicmh.org

Community Mental Health Authority of Clinton, Eaton and Ingham (CMHA-CEI) does not endorse any particular organization or individual in this resource list.

The staff has compiled this as a general community resource. It is not meant to be inclusive, it is to assist you in finding services available in the community. Please verify directly with the doctor's office if they are accepting new clients and what insurance they accept, as this list may change frequently.

How to Understand the List:

NAME / ADDRESS	PHONE NUMBER	Aetna	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna	Cofinity	Health Alliance Plan	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital/ Couples Services	Family Services
ABC Counseling (Psychiatry Services) 1234 Okemos Rd. Okemos, MI 48864	517-123-4567	ON - X	X	X	X	X		X	X		X	X		X	X			X	X	X	L	Y	Y	Y

- If they have Psychiatrist's, the Name/Address box will be highlighted blue.
- The colored lines represent the different types of insurances.
- Black X is the insurance(s) they accept.
- Blue X is Medicaid Insurance they accept.
- Sliding Scale Fee - Y (yes) N (no) L (Limited)
- Provides Children Services – Y (yes) N (no) or 14+ (age and above they accept)
- Provides Marital/Couple Services – Y (yes) N (no)
- Provides Family Services – Y (yes) N (no)
- ON - X is Out of Network accepted

NAME / ADDRESS	PHONE NUMBER	Actna	Beacon Health Options	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna / EverNorth	Cofinity	Health Alliance Plan (HAP)	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital / Couples Services	Family Services
A Better Tomorrow Counseling (Psychiatry Services) 23077 Greenfield Rd. Ste. 260 Southfield, MI 48075	517-210-1004 248-281-3862 <i>(Telehealth Only)</i>	X		X	X		X		X		X				X						X	L	Y	Y	Y
Alliance Behavioral Health (Psychiatry Services) 43155 Main St. Ste. 2316 Novi, MI 48375	248-934-0274 <i>(Telehealth Only)</i>	X		X	X	X			X	X				X	X							N	N	N	N
Best Fit Counseling and Psychiatry (Psychiatry Services) Ann Arbor, MI 48105	New Patients: 734-212-8802 <i>(Telehealth Only)</i>	X		X	X			X	X				X		X				X	X	X	N	Y	Y	Y
Healthy Minds Psychiatric Services (Psychiatry Services) 2390 Woodlake Dr. Suite 380 Okemos, MI 48864	517-999-1104			X	X	X							X		X				X	X	X	N	1 4 +	Y	Y
Helios Psychiatry & Counseling (Psychiatry Services) 625 E. Big Beaver Rd. Ste. 200 Troy, MI 48083	586-863-4000 <i>(Telehealth Only)</i>	X		X	X	X	X	X	X	X	X	X	X		X	X			X	X	X	N	N	Y	N
Helios Psychiatry & Counseling (Psychiatry Services) 30472 23 Mile Rd. Chesterfield, MI 48083	586-863-4000 <i>(Telehealth Only)</i>	X		X	X	X	X	X	X	X	X	X	X		X	X			X	X	X	N	N	Y	N
His Healing Hands (Psychiatry Services) 2025 W. Holmes Rd. Lansing, MI 48910 <i>Psychiatric Walk-in / Urgent Care</i>	517-882-0056	*All Medicaid accepted; Provider is comfortable refilling psychiatric medication; No controlled substances will be prescribed. *Call before walking in to make sure that they are open. Best to go in the morning. Bring empty medication bottles or hospital discharge paperwork if needing refills on medication.																							
Huron Valley Consultation Center (Psychiatry Services) 2750 S. State St. Ann Arbor, MI 48104	734-662-6300 <i>(Telehealth Only)</i>			X	X	X			X						X				X	X		N	N	N	N
Infinity Hope Center (Psychiatry Services) 277 Gratiot Ave. Ste. 100-A8919 Detroit, MI 48226	313-315-5145 <i>(Telehealth Only)</i>	X	X	X	X	X	X		X	X	X	X	X		X	X			X	X		N	N	N	N

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Lansing Psychological Associates (Psychiatry Services) 2001 Abbott Rd. East Lansing, MI 48823	517-337-6545	X	X	X	X		X	X		X			X		X			X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 3475 Belle Chase Way Lansing, MI 48911	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X		X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 4136 Legacy Parkway Lansing, MI 48911	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X		X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 1400 Abbott Rd. Ste. 400 East Lansing, MI 48823	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X		X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 1701 Lake Lansing Rd. Ste. 120 Lansing, MI 48912	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X		X	X	X	X	N	Y	Y	Y
Lion Heart Psychiatry, PLLC (Psychiatry Services) East Lansing, MI	517-388-3863 <i>(Telehealth Only)</i>			X	X								X		X			X	X			N	N	N	N
Meridian Professional Psychological Consultants - East (Psychiatry Services) 5031 Park Lake Rd. East Lansing, MI 48823	517-332-0811 <i>(Telehealth Only)</i>	X	X	X	X	X						X	X		X			X				N	Y	N	N
Meridian Professional Psychological Consultants - West (Psychiatry Services) 3815 W. St. Joseph St. Ste. A101 Lansing, MI 48917	517-321-5900 <i>(Telehealth Only)</i>	X	X	X	X	X						X	X		X			X				N	Y	N	N

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Michigan Psychiatric and Primary Care Clinic (Psychiatry Services) 6110 Abbot Rd. East Lansing, MI 48823	517-332-5342	X		X	X	X	X	X	X	X			X		X	X		X	X		X	N	Y	N	Y
Michigan State University - Counseling and Psychiatry (Psychiatry Services) 463 E. Circle Dr. 3rd floor East Lansing, MI 48823 MSU Students only	517-355-8270			X	X	X							X			X		X				N	N	N	N
Michigan State University - Department of Psychiatry (Psychiatry Services) 909 Wilson Rd, Room B119 East Lansing, MI 48824	517-353-3070	X		X	X	X				X	X		X		X		X	X	X	X		N	Y	N	N
New Oakland Family Center (Psychiatry Services) 2300 Jolly Oak Rd. Okemos, MI 48864	517-679-2050		X	X	X	X		X	X	X		X	X			X	X		X		X	N	Y	N	N
Professional Psychological & Psychiatric Services (PPPS) (Psychiatry Services) 913 W. Holmes Rd. Lansing, MI 48910	517-977-0899 <i>(Telehealth Only)</i>			X	X	X	X						X		X	X	X				X	Y	N	Y	Y

Updated 1/23/2023, Updates are done every 6 months

Community Providers List for the Tri-County Area

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ABC Counseling (Psychiatry Services) 1234 Okemos Rd. Okemos, MI 48864	517-123-4567	ON - X	X	X	X	X		X	X		X	X		X	X			X	X	X	L	Y	Y	Y
XYZ Counseling Services 987 W. Lake Lansing Rd. East Lansing, MI 48823	517-987-6543	X	X	X	X	X	X				X	X	X		X		X	X	X			6+	Y	Y

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A Better Tomorrow Counseling (Psychiatry Services) 23077 Greenfield Rd. Ste. 260 Southfield, MI 48075	517-210-1004 248-281-3862 <i>(Telehealth Only)</i>	X		X	X		X		X			X			X						X	L	Y	Y	Y
A Brand New Start Counseling 612 W. Lake Lansing Rd. Ste. 500 East Lansing, MI 48823	517-918-6003	X		X	X	X	X	X				X	X			X		X	X	X	X	N	6+	Y	Y
A Healing Place, LLC. 530 S. Pine St. Lansing, MI 48909 <i>- New Clients are being put on Wait list.</i>	517-998-4673 <i>(Telehealth Only)</i>	X		X	X	X	X	X	X	X		X	X		X	X	X	X	X	X	X	N	Y	Y	Y
A New Day Counseling 4710 W. Saginaw Hwy. Ste. 1 Lansing, MI 48917	517-914-2288	X		X	X	X	X	X	X	X		X	X		X	X	X	X	X	X	X	N	Y	Y	Y
A New Hope Counseling Center 3815 W. St. Joseph Hwy, Ste A400, Lansing, MI 48917	517-323-4531	X		X	X		X	X	X	X		X	X		X		X	X	X	X	X	N	Y	Y	Y
Alliance Behavioral Health (Psychiatry Services) 43155 Main St. Ste. 2316 Novi, MI 48375	248-934-0274 <i>(Telehealth Only)</i>	X		X	X	X			X	X				X	X							N	N	N	N
Alliance Psychological Associates 200 Woodland Pass, Ste. E East Lansing, MI 48823	517-283-6213	X			X		X	X				X	X				X	X		X	X	N	N	N	N
Ann Arbor Psychiatry (Psychiatry Services) 2500 Packard St. Ann Arbor, MI 48104	734-707-1052 <i>(Telehealth Only)</i>	X		X	X		ON X		ON X										X		ON X	N	N	N	N
Aylworth and Associates, PLLC - Paul Aylworth - phacounselor@gmail.com	517-428-1713 <i>(Telehealth Only)</i>			X	X	X															X	N	N	N	N
Aylworth and Associates, PLLC - Talia Ingham - tingham@ticounseling.net	734-304-0504 <i>(Telehealth Only)</i>				X	X							X			X	X	X	X		X	N	N	N	N

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Beacon Counseling Services 2840 E. Grand River Ave. Ste. 5, East Lansing, MI 48823	517-853-2992	X		X	X			X	X	X		X	X		X	X	X		X	X	X	N	Y	Y	Y														
BeeLoved Counseling 5126 W. Grand River Ave. Ste. B Lansing, MI. 48906	517-580-2225	X		X	X		X						X			X				X		N	Y	N	Y														
Beth McWhorter 1151 Michigan Ave. Suite 107 East Lansing, MI 48823 <i>(Waiting List)</i>	517-536-1112	X		X	X	X	X	X				X	X		X							X	N	N	Y	Y													
Best Fit Counseling and Psychiatry (Psychiatry Services) Ann Arbor, MI 48105	New Patients: 734-212-8802 <i>(Telehealth Only)</i>	X		X	X			X	X				X		X				X	X		X	N	Y	Y	Y													
Best Impressions International 4211 Okemos Rd. Ste. 22 Okemos, MI 48864 <i>For Psych Testing only</i>	517-347-1811	X		X	X	X							X			X	X						N	Y	N	N													
Blair Psychology 4572 Hagadorn Rd. Suite 2E East Lansing, MI 48823	517-348-5151	PAYMENT: Does not accept insurance. Only accepts cash, checks, FSA/HAS, Debit, and credit cards as form of payment.																																		N	N	Y	N
Blooming Minds Therapy 3496 E. Lake Lansing Rd. Ste. 100 East Lansing, MI 48823	517-862-1615			X	X	X							X			X										N	1 4 +	Y	Y										
Breakthrough Counseling 1749 Hamilton Rd. Ste. 203 Okemos, MI 48864	616-965-2767			X	X							X			X	X										N	1 1 +	N	N										
Bridging Communities and Counseling Services 411 W. Lake Lansing Rd. Ste. C120 East Lansing, MI 48823	517-525-3089	X		X	X							X	X		X	X	X	X	X	X	X	X	Y	3 +	N	N													
Brighter Health Counseling 2157 University Park Dr. Okemos, MI 48864	517-243-9738	X		X	X	X		X	X	X			X		X	X		X	X	X	X	X	N	Y	Y	Y													

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Caya Counseling 6206 W. Saginaw Hwy. Ste. B Lansing, MI 48917	517-201-2834	X		X	X								X							X		N	Y	N	Y
Child and Family Charities 4287 5 Oak Dr. Lansing, MI 48911	517-882-4000 Ext. 151	X		X	X	X	X	X			X		X			X						Y	Y	Y	Y
Clinton Street Counseling 313 S. Clinton St. Grand Ledge, MI 48837	517-925-8375			X	X								X									N	Y	N	N
Coat of Many Colors Counseling 2111 University Park, Suite 400 Okemos, MI 48864	517-449-1283			X	X	X	X						X		X	X	X	X	X			N	N	Y	N
Comprehensive Psychological Services (CPS) 2720 E. Lansing Dr. East Lansing, MI 48823	517-337-2900	X		X	X								X		X			X	X			N	Y	Y	Y
COR Counseling 2970 E. Lake Lansing R East Lansing, MI. 48823	517-230-5695			X	X	X	X						X				X	X	X		X	N	1 4 +	Y	Y
Craig Smith & Associates 416 N. Homer Ste. 105 Lansing, MI 48912	517-282-8249 517-721-7717	X		X	X			X	X			X	X		X		X	X		X	X	N	Y	Y	Y
Creative Counseling Services 780 W. Lake Lansing Rd. Ste. 100 East Lansing, MI 48823	517-862-9378 517-618-0579	X			X			X		X		X	X		X	X	X	X		X		N	Y	Y	Y
Cristo Rey Community Center Counseling Services 1717 N. High St. Lansing, MI 48906	517-372-4700 Ext. # 140	X				X			X			X	X	X		X	X		X		X	Y	N	N	Y
DBT Institute of Michigan 2950 W. Howell Rd. Mason, MI 48854 <i>(2 other locations: Novi & Wyoming)</i>	517-367-0670	X		X	X	X		X					X		X	X		X	X	X		N	1 3 +	N	N

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Delta Waverly Psychology & Counseling 5123 W. St. Joseph Hwy. Ste. 103 Lansing, MI 48917	517-323-4099	X		X	X	X	X	X	X			X	X		X			X	X	X		N	Y	Y	Y
Diversity Psychological Services 1310 Turner St. Ste. A Lansing, MI 48906	517-574-4197	X		X	X		X	X		X		X	X		X			X		X		N	Y	Y	Y
Diversity Psychological Services 601 Abbott Rd. Ste. 103 East Lansing, MI. 48823	517-574-4197	X		X	X		X	X		X		X	X		X			X		X		N	Y	Y	Y
Diversity Psychological Services 504 S. Creyts Rd. Ste. A. Lansing, MI 48917	517-574-4197	X		X	X		X	X		X		X	X		X			X		X		N	Y	Y	Y
East Lansing Psychological Services, PLC 121 Burcham Dr. East Lansing, MI 48823	517-731-2084	X			X		X	X		X		X	X			X	X	X	X		X	Y	Y	Y	Y
Empower Therapy Solutions 1550 Watertower Pl. Ste. 100 East Lansing, MI. 48823 <i>Currently unable to accept new clients</i>	810-213-2052			X	X	X				X		X	X			X			X		X	N	N	N	N
Expert Therapy Services 4517 W. Saginaw St. Suite 101 Lansing, MI 48917	517-488-7018			X	X							X	X		X		X		X		X	Y	6+	Y	Y
Evolve Counseling and Holistic Wellness Lansing, MI 48917 <i>Address will be provided at scheduling</i>	517-306-9818	X		X	X	X		X				X	X			X		X				N	N	N	N
Faber Counseling 2517 E. Mount Hope Ste. 7A Lansing, MI 48910 <i>Currently unable to accept new clients</i>	517-303-3424				X							X	X					X				N	N	N	N
Family Counseling 271 Woodland Pass Ste. 216 East Lansing, MI 48823	517-347-6944	X		X	X	X	X	X		X			X		X	X	X	X	X		X	N	Y	N	Y

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Finding Freedom Counseling 2111 University Park Ste.400 Okemos, MI 48864	517-303-4515	X		X	X	X	X	X	X	X		X	X		X	X	X	X	X	X	X	Y	N	Y	N
Fountain of Wisdom and Hope 4710 W. Saginaw Hwy. Ste. 7 Lansing, MI 48917	517-305-0641	X		X	X		X	X				X	X		X		X		X		X	N	Y	Y	Y
Fox Therapy Solutions Lansing, Michigan 48910 <i>(does informed DBT & SUD)</i>	517-300-7859 <i>(Telehealth Only)</i>			X	X	X	X						X	X		X	X	X			X	N	N	N	N
Full Circle Wellness 1795 Cedar St. Ste. L Holt, MI 48842	517-803-3125	X		X	X		X						X			X					X		1 1 +	Y	N
Great Lakes Psychology Group 2127 University Park Dr. Suite # 300 Okemos, MI 48864 <i>Currently unable to accept Medicaid</i>	517-273-0430	X		X	X		X	X					X		X				X	X	X	N	Y	Y	Y
Grand Ledge Counseling Center Grand Ledge, MI 48837	517-627-8357 <i>(Telehealth Only)</i>			X	X		X					X	X		X			X				N	N	N	N
Growth Counseling 201 School St. Room 23 Williamston, MI 48895	734-718-6994	X	X	X	X	X	X						X			X	X		X		X	Y	6 +	N	N
GPS Guide to Personal Solutions 1801 E. Saginaw St. Ste. 1 Lansing, MI 48912	517-667-0061	X		X	X	X	X	X		X	X		X		X	X		X	X		X	Y	Y	Y	Y
Healing Connections Counseling 4660 Marsh Rd. Okemos, MI 48864	517-488-4659			X	X		X						X									N	N	Y	Y
Healing Conversations Counseling 301 Williamston Ctr Rd. Ste. 800 Williamston, MI 48895	517-996-6097	X		X	X	X							X		X	X		X	X		X	N	1 4 +	Y	Y
Healthy Minds Psychiatric Services (Psychiatry Services) 2390 Woodlake Dr. Suite 380 Okemos, MI 48864	517-999-1104			X	X	X							X					X	X	X		N	1 4 +	Y	Y

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Helios Psychiatry & Counseling (Psychiatry Services) 625 E. Big Beaver Rd. Ste. 200 Troy, MI 48083	586-863-4000 <i>(Telehealth Only)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	N	N	Y	N
Helios Psychiatry & Counseling (Psychiatry Services) 30472 23 Mile Rd. Chesterfield, MI 48083	586-863-4000 <i>(Telehealth Only)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	N	N	Y	N
His Healing Hands (Psychiatry Services) 2025 W. Holmes Rd. Lansing, MI 48910 <i>Psychiatric Walk-in / Urgent Care</i>	517-882-0056	*All Medicaid accepted; Provider is comfortable refilling psychiatric medication; No controlled substances will be prescribed. *Call before walking in to make sure that they are open. Best to go in the morning. Bring empty medication bottles or hospital discharge paperwork if needing refills on medication.																							
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Ichange Solutions 913 W. Holmes Rd. Ste. 160 Lansing, MI 48910	517-879-0543		X	X	X	X	X					X					X	X		X	X	Y	1 2 +	Y	Y
Infinity Hope Center (Psychiatry Services) 277 Gratiot Ave. Ste. 100-A8919 Detroit, MI 48226	313-315-5145 <i>(Telehealth Only)</i>	X	X	X	X	X	X			X		X	X	X		X			X	X		N	N	N	N
Inner Healing Counseling Center 416 N. Homer St. Ste. 106 Lansing, MI 48912	517-449-3213			X	X					X			X			X	X					N	Y	Y	Y
Insight Counseling Services of Greater Lansing 311 Harrison St. Grand Ledge, MI 48837	517-338-3090	X		X	X	X							X					X	X	X	X	N	N	Y	Y
Insight Counseling Services of Greater Lansing 100 W. Saginaw Hwy, Ste. B Grand Ledge, MI 48837	517-338-3090	X		X	X	X							X					X	X	X	X	N	N	Y	Y

NAME / ADDRESS	PHONE NUMBER	Actna	Beacon Health Options	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna / EverNorth	Cofinity	Health Alliance Plan (HAP)	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital / Couples Services	Family Services	
Lansing Counseling 5030 Northwind Dr. Ste. 101 East Lansing, MI 48823	517-333-1499 517-300-0981	X		X			X															N	10+	Y	N	
Lansing Psychological Associates (Psychiatry Services) 2001 Abbott Rd. East Lansing, MI 48823	517-337-6545	X	X	X	X		X	X		X			X		X			X	X	X	X	N	Y	Y	Y	
Lifepoint Counseling 2580 Eaton Rapids Rd. Lansing, MI 48911	Kathryn Stephens 517-290-5163 Nathan Stephens 517-342-4253 Alicia Montoya 517-256-1236			X	X	X				X		X	X		X	X				X		N	N	Y	Y	
LifeStance Health (Psychiatry Services) 3475 Belle Chase Way Lansing, MI 48911	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 4136 Legacy Parkway Lansing, MI 48911	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 1400 Abbott Rd. Ste. 400 East Lansing, MI 48823	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	X	N	Y	Y	Y
LifeStance Health (Psychiatry Services) 1701 Lake Lansing Rd. Ste. 120 Lansing, MI 48912	517-882-3732 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X	X	X		X	X		X	X			X	X	X	X	N	Y	Y	Y
Lion Heart Psychiatry, PLLC (Psychiatry Services) East Lansing, MI	517-388-3863 <i>(Telehealth Only)</i>			X	X								X					X	X			N	N	N	N	
Looking Glass Counseling Eagle, MI 48822	517-684-2962 <i>(Telehealth Only)</i>			X	X	X	X						X	X	X	X					X	N	N	N	N	

NAME / ADDRESS	PHONE NUMBER	Aetna	Beacon Health Options	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna / EverNorth	Cofinity	Health Alliance Plan (HAP)	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital / Couples Services	Family Services
Mareck Family/Geriatric Services 3493 Wood Edge Suite 103 Okemos, MI 48864	517-886-3707	X		X	X	X	X	X		X		X	X		X	X	X	X	X	X	X	N	N	N	N
Meaghan Gregg Lansing, MI 48911 <i>(Call or email to set up appointment ... Meaghan.gregg@gmail.com)</i>	517-759-1532 <i>(Telehealth Only)</i>			X	X								X					X				N	1 5 +	N	N
Meridian Professional Psychological Consultants - East (Psychiatry Services) 5031 Park Lake Rd. East Lansing, MI 48823	517-332-0811 <i>(Telehealth Only)</i>	X	X	X	X	X						X	X		X			X				N	Y	N	N
Meridian Professional Psychological Consultants - West (Psychiatry Services) 3815 W. St. Joseph St. Ste. A101 Lansing, MI 48917	517-321-5900 <i>(Telehealth Only)</i>	X	X	X	X	X						X	X		X			X				N	Y	N	N
Michigan Psychiatric and Primary Care Clinic (Psychiatry Services) 6110 Abbot Rd. East Lansing, MI 48823	517-332-5342	X		X	X	X	X	X	X	X			X		X	X		X	X		X	N	Y	N	Y
Michigan Psychological Care 1505 Waterford Parkway St. Johns, MI 48879	989-292-3572	X		X	X	X	X	X	X	X		X	X		X	X	X	X	X	X	X	N	Y	Y	Y
Michigan State University - Counseling and Psychiatry (Psychiatry Services) 463 E. Circle Dr. 3rd floor East Lansing, MI 48823 MSU Students only	517-355-8270			X	X	X							X			X		X				N	N	N	N
Michigan State University - Couple and Family Therapy 804 Service Rd. #A233 East Lansing, MI 48824	517-432-2272	PAYMENT: Does not accept insurance. It is based on a sliding scale fee.																				Y	Y	Y	Y

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Michigan State University - Department of Psychiatry (Psychiatry Services) 909 Wilson Rd, Room B119 East Lansing, MI 48824	517-353-3070	X		X	X	X				X	X		X		X		X	X	X	X		N	Y	N	N
Michigan State University - Department of Psychology 316 Physics Room 262 East Lansing, MI 48824	517-355-9562	PAYMENT: Does not accept insurance. It is based on a sliding scale fee.																				Y	Y	Y	Y
Mindful Therapy Services, LLC 2535 E. Mt. Hope Lansing, MI 48910	517-684-2562			X	X								X									N	6+	N	N
Mindmend 1103 N. Washington Lansing, MI 48906	517-331-9110			X	X								X					X			X	N	N	N	N
Monarch Counseling - Lansing 306 S. Creyts Rd. Lansing, MI 48917	517-930-3071	X		X	X	X	X	X		X	X	X	X			X		X			X	N	Y	Y	Y
Monarch Counseling – S. Lansing 3355 Dunckel Rd. Lansing, MI 48911	517-930-3071	X		X	X	X	X	X		X	X	X	X			X		X			X	N	Y	Y	Y
Monarch Counseling - Holt 4851 Holt Rd. Holt, MI 48842	517-930-3071	X		X	X	X	X	X		X	X	X	X			X		X			X	N	Y	Y	Y
Monarch Counseling - Mason 923 S Lansing St. Mason, MI 48854	517-930-3071	X		X	X	X	X	X		X	X	X	X			X		X			X	N	Y	Y	Y
New Beginnings Therapy Services 420 S. Waverly Rd. Suite 4 Lansing, MI 48917	517-708-8215	X		X	X	X	X						X			X		X	X	X	X	N	Y	N	Y
New Horizons Counseling – Ken Miller 780 W. Lake Lansing Rd. East Lansing, MI 48823	517-623-5181	X		X	X			X		X	X	X	X			X	X	X		X	X	N	N	N	N

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New Oakland Family Center (Psychiatry Services) 2300 Jolly Oak Rd. Okemos, MI 48864	517-679-2050		X	X	X	X		X	X	X		X	X			X	X		X		X	N	Y	N	N																		
Nicki Moody, LMSW 541 E. Grand River Ave. Suite A1 East Lansing, MI 48823	517-522-2743	X		X	X							X	X		X	X	X	X	X	X		N	N	N	N																		
Oasis Psychological Services 3815 W. St. Joe Hwy. Suite A300 Lansing, MI 48917	517-489-1468	X		X	X		X	X		X			X		X	X	X	X			X	N	Y	Y	Y																		
Okemos Center for Therapy 2193 Association Dr. Ste. 100 Okemos, MI 48864	Look at website – Each Therapist has own private phone number	Look at website: www.okemoscenterfortherapy.com/overview-team Each therapist takes different types of insurances																																									
Okemos Psychological Services 2172 Commons Pkwy. Okemos, MI 48864 <i>Currently unable to accept new clients</i>	517-349-6370	X		X	X	X						X				X			X	X		N	Y	Y	Y																		
Olive Leaf Family Counseling 839 S. Cedar St. Ste. 200 Mason, MI 48854	517-507-0201			X	X								X								X	N	5+	Y	Y																		
Origami Rehabilitation 3181 Sandhill Rd. Mason, MI 48854	517-336-6060			X	X								X						X	X		N	Y	N	Y																		
Origami Rehabilitation 137 S. Marketplace Blvd. Lansing, MI 48917	517-336-6060			X	X								X						X	X		N	Y	N	Y																		
PAR Rehabilitation Services 3960 Patient Care Way. Suite 104 Lansing, MI 48911 <i>For Psych Testing only</i>	517-887-9801	X		X	X	X	X	X		X		X	X			X			X	X	X	N	Y	N	N																		
PAR Rehabilitation Services 3960 Patient Care Way. Suite 117 Lansing, MI 48911	517-887-9801	X		X	X	X	X	X		X		X	X			X			X	X	X	N	Y	N	Y																		

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Peace and Harmony Counseling 2132 Cedar St. Holt, MI 48842	517-993-5950	X		X	X	X	ON X		X				X			X	X	ON X	X		X	N	Y	Y	Y																	
Peace of Mind Counseling, Consulting and Supervision, LLC 4025 Holt Rd. Ste. 205 Holt, MI 48842	517-881-7231			X	X	X			X			X	X			X			X			N	Y	Y	Y																	
Professional Psychological & Psychiatric Services (PPPS) (Psychiatry Services) 913 W. Holmes Rd. Lansing, MI 48910	517-977-0899 <i>(Telehealth Only)</i>			X	X	X	X						X		X	X	X	X			X	Y	N	Y	Y																	
Psychiatric Associates 4084 Okemos Rd. Ste. A Okemos, MI 48864	517-347-4848	X	X	X	X	X	X			X			X			X	X	X	X	X	X	N	N	Y	Y																	
Psychological and Behavioral Consultants 2535 E. Mt. Hope Ave. Lansing, MI 48910	Look at website – Each Therapist has own private phone number	Look at website: www.pbctherapists.com/our-clinicians/ Each therapist takes different types of insurances																																								
Psychological Services of East Lansing 411 Lake Lansing Rd. Ste. 120A East Lansing, MI 48823	517-599-4934	X		X	X			X				X	X					X					N	Y	Y	Y																
Re3New Counseling Services 114 E. Lawrence Ave. Ste. 130 Charlotte, MI 48813	517-589-4206			X	X								X			X	X		X	X	X	N	6+	Y	Y																	
Red Cedar Counseling 2395 Jolly Rd. Ste. 160 Okemos, MI 48864 <i>(LGBTQIA)</i>	517-301-5011	X			X		ON X						X					ON X			X	N	Y	Y	Y																	
Red Cedar Counseling 935 N Washington Ave. Ste. L1 Lansing, MI 48906	517-301-5011	X			X		ON X						X					ON X			X	N	Y	Y	Y																	
Regional Psychological Services 1401 E. Lansing Dr. Ste 111 East Lansing, MI 48823 <i>Only does Assessment</i>	517-332-0153	X	X	X	X	X	X	X	X	X			X					X	X	X	X	N	N	N	N																	

NAME / ADDRESS	PHONE NUMBER	Actna	Beacon Health Options	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna / EverNorth	Cofinity	Health Alliance Plan (HAP)	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital / Couples Services	Family Services
Rooted Counseling 300 Bailey St. East Lansing, MI 48823 <i>(LGBTQIA)</i> <i>(does informed DBT & CBT)</i>	517-273-2706	X		X	X			X										X				N	6+	Y	Y
Rooted Counseling 111 E. Cesar E. Chavez Lansing, MI 48917 <i>(LGBTQIA)</i> <i>(does informed DBT & CBT)</i>	517-273-2706	X		X	X			X										X				N	6+	Y	Y
Rooted Counseling 2500 Kerry St. Lansing, MI 48912 <i>(LGBTQIA)</i> <i>(does informed DBT & CBT)</i>	517-273-2706	X		X	X			X										X				N	6+	Y	Y
Rosales Counseling Services 1650 Kendale Blvd. Ste. 95 East Lansing, MI 48823 <i>Currently unable to accept new clients</i>	419-665-6366			X	X								X					X				N	14+	Y	Y
Rosie Bickert, MSW 1591 W. Pratt Rd. Dewitt, MI 48820 <i>Currently unable to accept new clients</i>	517-490-7712	X	X	X	X		X	X		X			X		X	X				X		N	14+	Y	N
Sara Dupuis, Ph.D. 1422 W. Saginaw St. East Lansing, MI 48823	517-944-4232	X		X	X		X					X	X		X		X	X	X	X	X	Y	N	Y	N
Serene Pathways Counseling 516 S. Creyts Rd. Suite F Lansing, MI 48917 <i>(In-person and Telehealth)</i>	517-323-1767 <i>(In-person and Telehealth)</i>	X		X	X	X	X	X		X			X			X		X		X		N	Y	Y	Y
Shepherd's Staff Counseling 3887 Okemos Rd. Suite A2 Okemos, MI 48864	517-333-6700	X		X	X			X	X			X	X		X						X	N	N	Y	N
Sparrow Behavioral Health - OP 1210 W. Saginaw St. Lansing, MI 48915 <i>Referral through Family Physician</i>	517-364-7700	X		X	X	X	X	X	X	X	X	X	X	X	X				X	X	X	N	Y	N	N

NAME / ADDRESS	PHONE NUMBER	Actna	Beacon Health Options	Blue Care Network	Blue Cross Blue Shield	Blue Cross Complete	Cigna / EverNorth	Cofinity	Health Alliance Plan (HAP)	Humana	Ingham Health Plan	Magellan	McLaren Health Plan	Medicaid (straight)	Medicare	Meridian Health Plan	Molina	Physician Health Plan	Priority Health	Tri-Care	United Health Care	Sliding Scale Fee	Children Services	Marital / Couples Services	Family Services	
Spicer Counseling Service 122 N. Bridge St. Dewitt, MI 48820	989-292-3432	X		X	X		X		X				X					X	X			N	Y	Y	Y	
Spring Forest Counseling 3887 Okemos Rd. Suite A1 Okemos, MI. 48864	517-507-5892	X		X	X	X				X			X			X		X	X			X	Y	Y	Y	Y
Spring Forest Counseling 1795 N. Cedar St. Ste. K Holt, MI 48842	517-507-5892	X		X	X	X				X			X			X		X	X			X	Y	Y	Y	Y
St. Vincent Catholic Charities 2800 W. Willow St. Lansing, MI 48917	517-323-4734 Ext. # 1700			X	X	X						X	X		X	X	X		X				Y	Y	Y	Y
Suppression 2 Expression (serving all Michigan residents) <i>(has an ASL Therapist)</i> <i>(LGBTQIA)</i>	616-287-2283 <i>(Telehealth Only)</i>			X	X	X	X			X			X	X		X			X			X	N	Y	Y	Y
Taylor Therapy 4572 S. Hagadorn Rd. Suite 3H East Lansing, MI 48823	517-234-5688 <i>(Telehealth Only)</i>	X		X	X																	X	N	N	N	N
The Ledges Counseling 214 S. Bridge St. Ste. C Grand Ledge, MI 48837	517-231-7394			X	X	X			X			X	X		X			X	X			X	N	Y	Y	Y
The Wellness Institute of MI 2149 Jolly Rd. Ste. 500 Okemos, MI 48864	517-347-4645 <i>(In-person and Telehealth)</i>	X		X	X	X				X			X		X			X	X	X	X	X	N	Y	Y	Y
Theis Counseling Services 2535 E. Mount Hope Ave. Lansing, MI 48910	517-435-3129			X	X							X	X					X		X		N	1 4 +	N	N	
Therapeutic Talk Therapy 4517 W. Saginaw, Ste. 201 Lansing, MI 48917	517-928-4730	X					X						X			X						N	1 1 +	N	N	
Therapy Today 4572 S. Hagadorn Rd. Suite 1C East Lansing, MI 48823	517-481-2133 <i>(In-person and Telehealth)</i>	X	X	X	X	X	X	X	X	X	X	X	X		X	X	X	X	X	X	X	X	N	Y	Y	Y

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Through the Storm Counseling 411 W. Lansing Rd. Ste. A100 East Lansing, MI 48823	517-803-4755			X	X	X	X						X			X		X			X	N	5 +	N	Y																		
Transformative Therapy 2929 Covington Ct. Lansing, MI 48912 <i>www.wildfernswellness.com</i> <i>(LGBTQIA and BI-POC)</i>	517-798-6745			X	X								X									Y	1 0 +	N	N																		
Trillium Child and Family Services 2450 Delhi Commerce Dr. Ste. 4 Holt, MI 48842	517-480-1870												X						X			N	Y	Y	Y																		
Truss Counseling Services 4517 W. Saginaw Ste. 201 Lansing, MI 48917	517-781-5391	X											X			X	X					N	1 3 +	N	Y																		
VITA Counseling Services 201 School St. Room 23 Williamston, MI 48895	517-614-5217			X	X							X	X					X			X		1 3 +	N	Y																		
Wellspring Counseling 2111 University Park Dr. Suite 100 Okemos, MI 48864	517-336-4335 <i>(In-person and Telehealth)</i>	X		X	X		X	X				X	X			X		X		X		Y	1 1 +	Y	Y																		
Women's Center of Greater Lansing 1710-1712 E Michigan Ave. Lansing, MI 48912	517-372-9163	No Insurance - Only women patient																																		Y	N	N	N				
Women's Personal Growth & Therapy Center 1350 Haslett Rd East Lansing, MI 48823	517-347-2126	X			X	X	X					X	X		X			X			X		N	Y	Y	N																	
Working Together Counseling 3815 W. St. Joseph Ste. B-301 Lansing, MI 48917	517-230-5727	Not currently paneled with any insurance providers however they will be able to provide clients with a claim form that can be submitted to their provider for reimbursement.																																						N	Y	Y	Y

Updated 1/23/23, Updates are done every 6 months

Local Area Adult Bereavement Support Groups

Parents, Grandparents, Significant Others, Siblings:

HOPING: Helping Other Parents in Normal Grieving

For parents experiencing infant loss less than one year of age, miscarriage or stillbirth, 2nd

Thursday of every month

Sparrow Professional Building

1200 E. Michigan Avenue, Lansing

2nd Floor/Conference Rm D or F (look for signage)

Contact Abby Leinback at 517-316-7984 or Becky Miller at 989-593-3023

Toward Healing

10 week grief support group for parents, grandparents, and significant others coping with the death of a child of any age; open to all denominations.

First United Methodist Church of Mason Life Transitions Outreach

201 East Ash Street, Mason

Call Rose at 517-676-5513, roseroberts@yahoo.com or Pat at 517-676-4232,

pat_mentzer@yahoo.com

or Marilyn at the Methodist Church office 517-676-9449

Spouses, Partners, Significant Others:

Together Living & Coping Program, spousal loss support group, 2nd Tuesday of month includes luncheon.

Estes Leadley Funeral Home

325 W Washtenaw, Lansing, MI

Contact Janet 517-482-1651 or janet.pierson@estesleadley.com

Widowed Companions

Understanding the grief of losing a spouse or significant other. 10 week grief support group for widows, widowers or significant partners. Lunch once a week after group concludes. Groups held in Fall and February.

First United Methodist Church of Mason

201 E. Ash St., Mason

Contact Karen at 244-0001, Eileen at 628-2018 or Marilyn at 676-9449

Women:

South Lansing Church of the Nazarene

Choosing a New Path Grief support group for women

321 W Holmes Rd, Lansing Charter Township

Contact Jackie at gimbus44@gmail.com

General:

Reid Depowski, LMSW – 734-790-5003 or reid.depowski@therapytoday.com

Support groups offered at two locations:

Local Area Adult Bereavement Support Groups

Palmer, Bush, and Jensen funeral home in Lansing – meets on the 3rd Tuesday of each month.
Pray Funeral home in Charlotte – meets on the 4th Tuesday of each month.

Eaton Rapids First United Methodist Church

Support Group meets 2nd and 4th Wednesdays of the month
Call the church office at 517-663-3524
600 S. Main St., Eaton Rapids

Gorsline-Runciman Funeral Homes – Life Landscapes Grief Support

Call the main office at 517-482-1692 ext. 242
The following are groups available:

- **Suicide Grief** Support Group, February 9th, 16th, 23rd & March 2nd
Gorsline-Runciman Funeral Homes – Tiffany Chapel
3232 W. Saginaw St, Lansing
- Grief Support groups - May 4th, 11th, 18th & 25th
East Chapel
1730 E. Grand River, East Lansing
- Living Information for Today (L.I.F.T.), 4th Tuesday of every month luncheon
Coral Gables Restaurant, East Lansing
- Supportive Souls, walking and breakfast group, every Thursday morning (May – October @ 9:30am) Fenner Nature Center and Dan's Coney Island, 5600 S. Pennsylvania, Lansing – (November – April @ 9:30am) Meridian Mall Food Court Entrance, Okemos and T & D Coney, 1735 W. Grand River, Okemos

Hospice of Lansing

Ongoing grief support group program
4052 Legacy Pkwy., Ste. 200, Lansing
Call 517-882-4500

Ingham Visiting Nurse Services of Michigan

New Tomorrows Program 8 Week Grief Education Series
2316 S Cedar St., Ste 600, Lansing
Contact Ron at 517-975-9913 or 517-975-9909

Memorial Hospital Hospice and Home Care

Support groups 2nd Tuesday of the month
1975 W. M-21, Owosso
Call Tom at 1-989-725-2299

Memorial Healthcare

Local Area Adult Bereavement Support Groups

Support groups

Cancer Center

721 N. Shiawassee, Owosso

Call Christy at 1-989-729-4673

Palmer, Bush & Jensen Continuing Care Services

Support groups 3rd Tuesday of the month 7pm

St. David's Episcopal Church, 1519 Elmwood Rd, Lansing

Call Mary at 517-449-9279

Sparrow Hospice Bereavement Services

Seasons of the Heart Educational Series and support groups

Tendercare West, 731 Starkweather Dr., Lansing

Call Jana at 517-364-7208

South Lansing Church of the Nazarene

Christian grief support group

321 W Holmes Rd, Lansing Charter Township

Contact Larry at 517-323-4355 or lrvert@michcom.net

Trinity United Methodist Church

8 week evening grief classes

7533 W St Joe Hwy, Lansing

Call the church office 517-449-9313

Suicide Survivors:

Lansing Suicide Survivor Loss Support Group

Support groups 1st Friday and 3rd Thursday of the month from 5:30 pm to 7:00 pm.

Contact Liz Parish for Lansing location and to register at 260-587-5473

email: lansingsuicidesurvivors@gmail.com

www.facebook.com/lansuicideloss/

Survivors of Suicide (S.O.S.)

Support groups 1st Tuesday of the month from 6:30 pm to 8:00 pm. in Okemos.

Contact Lori Leu for address and to register at 517-648-7871

email: joybetweentears@gmail.com

Overdose-Related Bereavement Support:

Grief Recovery After Substance Passing (GRASP)

Local Area Adult Bereavement Support Groups

Grief Recovery After Substance Passing (GRASP) was created to offer understanding, compassion, and support for those who have lost someone they love through addiction and overdose. For more information, go to: <http://grasphelp.org/>

- **Ionia Chapter** - Support groups 3rd Wednesday of the month from 5:30 pm to 6:45 pm. in Ionia.
Contact Sheri Boster for address and to register at 616-523-614
email Address: sherrio516@gmail.com
**The group is currently on-hold.*
- **Facebook Group** - a safe, non-judgmental on-line forum, so that people grieving the loss of a loved one to substance use may share their feelings, stories, struggles, strategies and support with each other, honor their loved ones and grieve their losses. To join the on-line group click this link:
 - <https://www.facebook.com/groups/grasphelp>

Deborah Grossi, MA, LPC - Opioid Overdose Grief Group

A chance to get together with others that have lost a loved one due to our countries opioid overdose epidemic. Grieve with others that truly understand. Share stories, heal our hearts. Each group cost \$30-40 per session, and is located in Novi, Michigan.
Contact Debrorah Grossi at 248-599-2440 to register.

Virtual Adult Support Groups through Hospice of Michigan

Please click the link to learn about the virtual adult support groups currently being offered during the COVID-19 Pandemic: [Virtual Touch - Hospice of Michigan \(hom.org\)](http://Virtual Touch - Hospice of Michigan (hom.org))

LGBTQIA+ THERAPISTS

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Location: Farmington Hills, MI | **Population of focus:** Adults, Elders

Rachel Crandall- Crocker, LMSW-Clinical & Macro (she/her)

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Location: Farmington Hills | **Population of focus:** Transgender Children, Adolescents, and Adults, Parents of Transgender Children, Gender Questioning

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LGBTQIA+ THERAPISTS

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LGBTQIA+ THERAPISTS

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Mx. Sam Shump, LPC, ASDCS, CCATP

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If you continue to have problems finding a mental health provider, reach out to
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